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SLOW COOKED MILD CHICKEN CURRY  
RECIPE

## SLOW COOKED MILD CHICKEN CURRY



COOK TIME

8 hours

PREP TIME

15 mins

SERVES

4 x

SLOW COOKED MILD CHICKEN CURRY

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# INGREDIENTS

- Canola Oil Spray
- 500 g Lean Chicken Breast, diced
- 1 Onion (160 g), diced
- 3 Carrots (300 g), peeled & diced
- 2 Potatoes (250 g), peeled & diced
- 1/4 Pumpkin (250 g), peeled and diced
- 1 MasterFoods™ Mild Chicken Curry Recipe Base
- 1/2 cup Light Thickened Cream (125 mL)
- 1 cup dry Brown Rice

# METHOD

1. Heat oil in pan and cook chicken until brown.
2. Place cooked chicken, vegetables and Recipe Base into a slow cooker and stir.
3. Cook for 4 hours on high or 8 hours on low.
4. Add cream and stir through 10 mins before serving.
5. Meanwhile, cook rice and serve with your MasterFoods™ Mild Chicken Curry.
6. Please note slow cookers vary. Recipe is based on using a 3 litre slow cooker.
7. Turn it up a notch! Add 1 tsp of our ground Turmeric.

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